

# BV Regional Pool & Rec Centre

April - June 2026

## INTRO TO SQUASH

**YOUTH** (9-13 yrs)  
Apr 8 - 29 Wed 4-5pm \$31.90

**ADULTS** (18 yrs +)  
Apr 7 - 28 Tue 6-7pm \$79.75  
May 5 - 26 Tue 6-7pm \$79.75

### Belayed Single Sessions

Beginner-friendly, gear included

**MONKEY CLIMB** (7-18 yrs)  
Wed/Fri/Sat 5:30-7pm \$12.15

Registration required. Children under 7 need a caregiver 16 yrs +.

**TEEN CLIMB** (12-18 yrs)  
Fri 7:30-8:30pm \$12.15

### FAMILY CLIMB

Sat 11:30-1pm \$25.40  
(max of 5 immediate family members)

**ADULT CLIMB** (18 yrs +)  
Wed 8-9pm \$19.80

**LADIES + NIGHT CLIMB** (18 yrs +)  
Mon 8-9pm \$19.80

Spring Registration is Open!



improve your game  
- meet new players

SQUASH  
LADDER



**WALL CLUB** \$15 yearly fee for membership

Pre-requisite: 19 or older with two years of BVRP&RC belay card experience or proven climbing skills. After orientation, members can use the Climbing Wall during operating hours.

**ORIENTATION**  
Put your name on the interest list.

"Refresh your belaying skills in just 30 minutes for \$18.20!  
More info at [bvpool.com](http://bvpool.com)."

## Climbing Programs

Kids

Youth

Adult

**LITTLE ROCKERS** (18 mo-5 yrs)  
Apr 7 - May 26 Tue 9:30-11am \$51.80  
Drop-in fee: \$7.70. Additional tots of the same family: \$4.40.

## CELEBRATE YOUR BIRTHDAY

In the Pool or the Climbing Wall



**SUPER KIDS CLIMBING CLUB** (6-11 yrs)  
Apr 13 - Jun 15 Mon 3:45-5pm \$87.20  
Apr 15 - Jun 17 Wed 3:45-5pm \$96.90

**VERTICAL CLIMBING CLUB** (12-18 yrs)  
Apr 10 - Jun 12 Fri 3:45-5pm \$156.20

**INTRO TO CLIMB** (14 yrs +)  
Apr 23 Thu 6:30-9pm \$71.50  
May 21 Thu 6:30-9pm \$71.50

**WOMEN ON WALLS** (18 yrs +)  
Apr 13 - May 25 Mon 6-7:30pm \$140



**KIDS CAMP** (5-12 yrs)  
**SPRING BREAK**  
Mar 23 - 27 Mon-Fri 8:30am-4pm \$48/day or \$215/week  
Mar 30 - Apr 2 Mon-Thu 8:30am-4pm \$48/day or \$172/week  
**NID**  
Apr 24 Fri 8:30am-4pm \$52.80/day  
May 15 Fri 8:30am-4pm \$52.80/day

Are you wondering when summer lessons and kids camp will be open?  
Set a reminder in your phone for Thursday, May 21st!



## Fitness

"Interested in joining our team as a fitness instructor?"



## AquaFit Schedule

Wed/Fri  
Water Fit  
9:05-9:50am

Tue/Thu

Gentle Fit  
9:05-9:50am

Power Aqua  
7:05-7:50pm

# Spring Programs



by regional  
Pool & Recreation Centre

## SWIM LESSONS

PARENT & TOT	PRESCHOOL	SWIMMER 1-9 ADULT/TEEN
Apr 11 - Jun 13	Sat	9 Sessions
Apr 12 - May 10	Sun	5 Sessions
Apr 14 - Jun 9	Tue	9 Sessions
Apr 15 - Jun 10	Wed	9 Sessions
Apr 16 - Jun 11	Thu	9 Sessions
Apr 17 - Jun 12	Fri	9 Sessions



Participants must complete their current program and receive their report card result before registering in the following program set or season.

## JUNIOR LIFEGUARD CLUB

(8-13 yrs)

Plunge into adventure! Unleash your inner hero and embark on an aquatic journey filled with skills, fun, and friendship.

Apr 15 - Jun 10 Wed 3:45-5:15pm \$106.05

Must be able to swim one length of the pool independently and tread water for 1 minute.



## BRONZE MEDALS



### BRONZE MEDALLION

\$272.35

Pre-req.: 13 yrs + or Bronze Star

May 22 - Jun 7  
Fri Sun

4-6:30pm  
9am-2pm

### BRONZE CROSS

\$218.90

Pre-req.: Bronze Medallion

Jun 12 - 28  
Fri Sun

4-6:30pm  
9am-3:30pm

Plunge Into Tomorrow: Create Ripples in Aquatics!

## RED CROSS BABYSITTER

(11 yrs +)

The Canadian Red Cross Babysitting course covers everything from managing difficult behaviours to essential content on leadership and professional conduct as a babysitter.

Apr 23 & 30 Thu 3:30-8:30pm \$91.25

## Lifesaving and First Aid

### FIRST AID COURSES

(14 yrs +)

#### STANDARD FIRST AID & CPR-C/AED (INTERMEDIATE)

May 6-10 Wed/Thu 4:30-9:30pm \$281.40  
Sun 10:30am-6pm

#### CPR-C/AED

May 6 Wed 4:30-9:30pm \$104.20

### FIRST AID RECERTS

(14 yrs +)

#### STANDARD FIRST AID & CPR-C/AED (INTERMEDIATE)

Apr 26 Sun 10am-6:30pm \$132

#### CPR-C/AED

Apr 26 Sun 10am-2pm \$76.25

## LIFEGUARD TRAINING Subsidy



### SWIM INSTRUCTOR RECERT

\$95

Pre-req.: 15 yrs +, Bronze Cross

Mar 9 Mon 4-9pm

### LIFESAVING INSTRUCTOR RECERT

\$104.50

Pre-req.: Lifesaving Instructor

May 17 Sun 10am-3pm

### NATIONAL LIFEGUARD RECERT

\$143.45

Pre-req.: National Lifeguard

May 3 Sun 9am-6pm



## SPECIAL EVENTS:

21  
MAR

### Spring Splash

Join us in the pool for a spring-themed fun!  
1:30-3pm

28  
MAR

### Easter Bunny Climb

Make a basket, hunt for eggs, face painting, games, and more!  
2:30-4pm

01  
May

### Teen Night

Loud music, snacks and hot tubbing with friends!  
Ages 11-18, 9-10:30pm, \$5.35

25  
JUN

### School's Out Party

Dive into an afternoon filled with fun games in the pool  
form 2-3:30pm!

Cost: **\*\*FREE\*\***  
Sponsored by  
Seabridge Gold